



Visit us hamiltonagingtogether.ca



Housing Alternatives

Educate yourself about innovative ideas for seniors like Home-sharing and co-housing.



Mutual Support

Look here to learn about ideas and resources for Mutual Support among seniors.



Spirituality

Inspiration and strategies for supporting seniors through and within faith communities



Seniors Services

Information about Services for Older Adults and Seniors in the Hamilton area.



Blog

News stories and reports of positive experiences supporting seniors and seniors supporting each other.



Events

Search our calendar for upcoming workshops, lectures and fairs on aging and housing

Hamilton Aging in Community is hosted by Aging Together, a group of community-minded individuals, mostly between our mid50s and our mid80s, residing in the Hamilton area. We are committed to learn and inform others about housing alternatives and other mutual support strategies for maturing adults and seniors. We are committed to get to know each other and to rely on each other in times of need.