

Life Long **Events** 

## Learning &





Housing Alternatives

Memoir





Communities



**Senior Services** 

## Visit us online at:

www.hamiltonagingtogether.ca





We are committed to learn and inform others about housing alternatives and other mutual support strategies for maturing adults and seniors.

Hamilton Aging in Community is hosted by a group of community-minded individuals, mostly between our mid 50's and mid 80's residing in the Hamilton Area.



Promoting resilient aging in community by disseminating information to maturing adults and seniors, as well as those serving seniors.

## Our purposes



Sustaining a mutual support system of maturing adults and seniors.

Establishing awards to recognize contributions to resilient aging in community.

Promoting lifelong learning, housing options for seniors, and intergenerational engagement through educational events and actively collaborating with other community organizations.



Learn more at:
www.hamiltonagingtogether.ca
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